Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Claerhout John

Coaches: Debecker Thomas

Coaches: Van der Elst Astrid

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:2, starttime: 14:00

Heat: 2/14 Lane : 7 Athlete: VLAMYNCK RIEN — **Q-time: 01:52:71**

PB (25m pool): 01:58.15 WAREGEM 21/04/2025 **PB (50m pool):** 01:52.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:56.54		01:58.15	
	00:56.54		*01:01.61*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:5, starttime: 14:10

Heat: 5/14 Lane : 6 Athlete: DECLERCQ IAN — **Q-time: 01:34:00**

PB (25m pool): 01:34.00 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:34.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.30		01:34.00	
	00:45.30		*00:48.70*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:8, starttime: 14:15

Heat: 8/14 Lane : 4 Athlete: VANKEMMELBEKE HECTOR — **Q-time: 01:25:62**

PB (25m pool): 01:25.62 Brugge 04/10/2026 **PB (50m pool):** 01:32.64 **SB:** 01:25.62 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.42		01:25.62	
	00:40.42		*00:45.20*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DMI

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:4, starttime: 14:35

Heat: 4/18 Lane : 5 Athlete: VERBESSELT MANON — **Q-time: 01:29:05**

PB (25m pool): 01:29.05 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:29.05 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:29.05	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:5, starttime: 14:35

Heat: 5/18 Lane : 8 Athlete: VANDROOGENBROECK CHEYENNE — **Q-time: 01:28:79**

PB (25m pool): 01:28.79 Zwevegem 31/05/2026 **PB (50m pool):** no time **SB:** 01:28.90 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		00:42.57		01:28.79	
		00:42.57		*00:46.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:05

Heat: 2/13 Lane : 1 Athlete: NAESSENS ANKE — **Q-time: 00:51:04**

PB (25m pool): 00:51.04 Brugge 04/10/2026 **PB (50m pool):** 00:52.33 **SB:** 00:51.04 Brugge 04/10/2026

	25 M	50 M	
PB		00:51.04	
		00:51.04	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:10, starttime: 15:15

Heat: 10/13 Lane : 6 Athlete: TERWE FENNA — **Q-time: 00:40:20**

PB (25m pool): 00:40.20 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 00:40.20 Waregem 26/09/2026

	25 M	50 M	
PB		00:40.20	
		00:40.20	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DMI

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:5, starttime: 15:55

Heat: 5/13 Lane : 5 Athlete: VANDROOGENBROECK CHEYENNE — **Q-time: 03:03:04**

PB (25m pool): 03:03.04 Meulebeke 25/10/2026 **PB (50m pool):** 03:07.05 **SB:** 03:03.04 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.05		01:29.49		no time		03:03.04
		00:44.05		*00:45.44*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 8 Athlete: SYRYN JONAS — **Q-time: 01:28:29**

PB (25m pool): 01:35.48 Ieper 04/01/2026 **PB (50m pool):** 01:28.29 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.44		01:35.48	
		00:43.44		*00:52.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:4, starttime: 16:35

Heat: 4/12 Lane : 8 Athlete: DEHONDT TUUR — **Q-time: 01:25:59**

PB (25m pool): 01:26.84 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:25.59 **SB:** 01:27.02 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.94		01:26.84	
		00:40.94		*00:45.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:5, starttime: 16:40

Heat: 5/12 Lane : 5 Athlete: SCHEIRLINCKX CLEMENT — **Q-time: 01:21:92**

PB (25m pool): 01:21.92 Brugge 04/10/2026 **PB (50m pool):** 01:32.72 **SB:** 01:21.92 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.65		01:21.92	
		00:38.65		*00:43.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: DMI

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:10, starttime: 16:50

Heat: 10/12 Lane : 5 Athlete: DE RYCK ALEXANDER — **Q-time: 01:15:56**

PB (25m pool): 01:15.56 Brugge 04/10/2026 — **PB (50m pool):** 01:17.76 **SB:** 01:15.56 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.61		01:15.56	
		00:35.61		*00:39.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:1, starttime: 16:55

Heat: 1/15 Lane : 4 Athlete: NAESSENS ANKE — **Q-time: 02:01:51**

PB (25m pool): 02:02.25 WAREGEM 21/04/2025 — **PB (50m pool):** 02:01.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:57.92		02:02.25	
		00:57.92		*01:04.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:7, starttime: 17:10

Heat: 7/15 Lane : 1 Athlete: TERWE FENNA — **Q-time: 01:45:33**

PB (25m pool): 01:45.33 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:59.98 **SB:** 01:45.33 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:49.66		01:45.33	
		00:49.66		*00:55.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: